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Department of  
Health  
FREE STATE PROVINCE

## **FREE STATE HEALTH DEPARTMENT**

## **INFECTION PREVENTION & CONTROL PROGRAMME GUIDELINES**

Compiled by Standard Compliance Sub Directorate  
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## **1. INTRODUCTION**

The infection prevention and control policy approved by the National Department of Health necessitates that provincial guidelines shall be developed to enable institutions and districts to implement the policy in ensuring a safe environment for all.

### **I Vision**

To ensure quality healthcare services through prevention and control of infection.

### **II Mission**

To contribute towards creation of a safe and hygienic environment to render health services.

## **2. STAKEHOLDERS**

Management of facility  
Health care workers, including students and agency staff  
Service Users  
Laboratory Services  
Out sourced contractors

## **3. STRUCTURES**

Establish the following committees:

1. Provincial Infection Prevention and Control Committee.
2. District Infection Prevention and Control Committee.
3. Institutional Infection Prevention and Control Committee, which shall meet monthly.

## **4. OBJECTIVES :**

- To promote effective prevention & management of Health Care Associated Infections.
- To promote adherence to universal standards of infection prevention and control.
- To improve Infection Prevention & Control practices through monthly review of surveillance data.
- To prevent and minimize environmental hazards.
- To ensure continuous training through induction and in-service training pertaining infection prevention and control.

## **5. INFECTION PREVENTION & CONTROL COMMITTEE**

**5.1** Executive : Chief Executive Officer (Chair)  
Clinical Manager  
Nursing Services Manager  
Infection Control Co-ordinator (Vice Chair)  
Microbiologist (if available)

**5.2** Departmental Representatives (Team) : Infection Control Nurse (Representatives)  
Training Co-coordinator  
Pharmacist in Charge  
Occupational Health Nurse  
CSSD  
Forensic Services  
Engineering  
Housekeeping Manager  
Laundry Manager  
Food services Manager  
Pest Control Officer  
Paramedical :  
❖ Physiotherapist  
❖ Occupational therapists  
❖ Radiographers  
❖ EMS

### **5.3 RESPONSIBILITY OF THE HEALTH CARE FACILITY COMMITTEE**

- Oversee the implementation of the National and Provincial Infection Prevention & Control Policy and Strategy.
- Promote adherence to policies & procedure manual for Infection Prevention & Control.
- Ensure compliance and participation in Provincial Infection Prevention & Control Campaigns.
- Discuss monthly Infection Control reports & incidents.
- Discuss monthly nosocomial infections & action plans taken.
- Oversee implementation of Staff Immunization program.
- Develop and implement a Surveillance program.
- Make inputs on review of Policies and Procedure Manual biannually.
- Monitor selected infections and assess the effectiveness of interventions.
- Monitor Health Care Associated Infections and give feedback to professionals concerned.

- Implement and support Occupational Health program.

#### **5.4 RESPONSIBILITIES OF INFECTION PREVENTION & CONTROL TEAM**

- ❖ Supervise and coordinate all infection prevention & control activities to ensure an effective programme.
- ❖ Supervise the implementation of an Immunization program for HCW.
- ❖ Supervise and coordinate the implementation of the Infection prevention & control policy & strategy.
- ❖ Supervise a surveillance programme for health care associated infections.
- ❖ Develop Infection prevention & control policies for facility.
- ❖ Undertake scheduled infection prevention & control risk assessments.
- ❖ Organise training and education programmes in facility.
- ❖ Supervise an Infection Prevention & Control Risk Assessment & Risk action plan.
- ❖ Oversee waste management, food handling, facility cleanliness, e.g. in facility.
- ❖ Implement and monitor Infection Control assessments.

### **6 CONTENTS OF INFECTION PREVENTION AND CONTROL MANUAL**

Infection prevention & control manual should comprise of the following policies and procedure guidelines :

#### **➤ Policies**

- Standard Precautions
- Isolation Precautions
- Disease-specific Isolation
- Aseptic technique
- Catheter/perineal care
- Antiseptics & disinfectants
- Antibiotics usage
- CSSD
- Managing of Infectious diseases
- HIV & AIDS
- Needle prick & splash injuries
- Resistant bacteria
- Linen management
- Healthcare Waste management
- Specimen collection

- Milk kitchen
- Environmental cleaning
- Food handling
- Immunization programs - Hepatitis B  
Flu
- TB Infection prevention and control

## ➤ **Procedures**

- Aseptic technique :
  - Wound care
  - Catherization
  - IV Therapy
  - Hand washing
  - Suction
  - Handling of CVC lines
- Infection Control Risk Management & Action plan
- Data collection & analysis : Nosocomial infections  
Antibiotic Resistant Patterns
- Surveillance
- Infection Prevention & Control Training Schedule :
  - Formal and In-service
- Monthly hygiene inspections
- Infection Prevention & Control Campaigns :
  - Hand washing
  - Sharps injury prevention
  - Clinical waste management
- Handling of sharps & splash incidents

## **7 ABBREVIATIONS**

AIDS	-	Acquired immunodeficiency syndrome
CSSD	—	Central Sterilization & Supplies Department
CVC	-	Central venous catheter
EMS	-	Emergency Medical Services
HAI	—	Healthcare associated infection, Hospital acquired infection
HCW	-	Health care workers
HIV	—	Human immunodeficiency virus
IV	-	Intravenous