

FREE STATE PSYCHIATRIC COMPLEX

Bloemfontein



History

- The idea for a Psychiatric Institution originated in 1875 when the State President of that time reported that two mentally disturbed patients were located in Kroonstad and the Caledon River.
- The first buildings of the hospital were erected in Bloemfontein on 8 May 1883. The hospital was officially opened in 1884. The main focus was care of the mentally disturbed
- Other buildings like the Recreation Hall, Main Kitchen, Laundry and Stores were built in 1923. Major extensions took place in the sixties, seventies, eighties and nineties.
- In 1986 the treatment became more scientifically based and the Diagnostic Statistical Manual (DSM) classification system came to light. The multi-professional team approach was established and the hospital divided into a Psychiatric division and the Care and Rehabilitation Centre for mentally challenged.
- The name of the Hospital was changed from Oranje Hospital to Free State Psychiatric Complex by the MEC.DOHFS on the 29 April 2003 in line with the Dept plan to rename the hospitals in the Province.
- Today Free State Psychiatric Complex consists of 877 approved beds and provides services to the Free State province and parts of the Northern Cape.

Introduction

The Free State Psychiatric Complex caters for in and out patient services for adult and children of the Free State Province and is situated in the centre of Bloemfontein. The institution is also responsible for outreach services into the Free State community for Mental Health Care services.

The Institution with its 877 approved beds is allocated as follow:

- Forensic Unit – 144
- Acute Psychiatry Services - 68
- Observation Unit – 20

- Psycho – Geriatric Unit – 55
- Long term Unit - 120
- Kosmos Care and Rehabilitation Centre – 470

The institution proximally sees 495 Adult outpatients and 430 Child and Adolescent outpatients per month.

Vision

- A Mentally Healthy and Self Reliant Free State Community

Mission

- The Free State Psychiatric Complex (FSPC) is committed to render a quality, accessible and specialized Mental Health Care service through utilization of a scientific approach to various health care interventions to ensure the promotion of mental health, the treatment of mental illnesses and the rehabilitation of mental health care users. The FSPC also renders a preventative substance abuse service to mental health care users.
- The FSPC strives to provide caring, compassionate services whilst ensuring value for money. This will be done through empowering of all stakeholders, training of personnel and students; and through optimal utilization of all resources.

Contact Us

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