

2018 Health Awareness Calendar

January

SunSmart Skin Cancer Awareness Month (1 December to 31 January)

- 4 World Braille Day
- 28 World Leprosy Day

February

Healthy Lifestyle Awareness Month Reproductive Health Month Environmental Health Awareness Month

- 4 World Cancer Day
- 12 International Epilepsy Day
- 12-16 STI / Condom Week
- 12-16 Pregnancy Awareness Week
- 12-18 National Epilepsy Week
- 16 Healthy Lifestyle Awareness Day

March

TB Awareness Month

- 3 World Hearing Day
- 7-16 Human papillomavirus (HPV) vaccination first round
- 8 International Women's Day
- 8 World Kidney Day
- 11-17 World Glaucoma Week
- 12-18 World Salt Awareness Week
- 20 World Head Injury Awareness Day
- 21 Human Rights Day
- 21 World Down Syndrome Day
- 24 World TB Day

April

Health Awareness Month

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| 2 | World Autism Awareness Day |
| 7 | World Health Day |
| 17 | World Haemophilia Day |
| 24-30 | African Vaccination Week |
| 25 | World Malaria Day |

May

Anti-tobacco Campaign Month

Burns Awareness Month

International Multiple Sclerosis Month

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| 5 | World Hand Hygiene Day |
| 5 | International Midwives Day |
| 6-12 | National Burns Awareness Week |
| 6-13 | Hospice Week |
| 8 | World Red Cross Day |
| 10 | Global Move for Health Day |
| 12 | International Awareness Day for Chronic Immunological and Neurological Diseases |
| 12 | International Nurses Day |
| 15 May -15 Jun | Go Turquoise for the Elderly Campaign |
| 17 | World Hypertension Day |
| 27 May- 3 Jun | National Child Protection Week |
| 28 | International Day of Action for Women's Health |
| 31 | World No Tobacco Day |

June

Men's Health Month

National Blood Donor Month

National Youth Month

Go Turquoise for the Elderly Campaign

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| 1 | International Children's Day |
| 3 | National Cancer Survivors Day |
| 5 | World Environment Day |
| 5-11 | World Heart Rhythm Week |
| 14 | World Blood Donor Day |
| 15 | World Elder Abuse Awareness Day |
| 16 | Youth Day |
| 24-30 | SANCA Drug Awareness Week |
| 25 | World Vitiligo Day |
| 26 | International Day against Drug Abuse and Illicit Trafficking |

July

Mental Illness Awareness Month

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| 2-6 | Corporate Wellness Week |
| 11 | World Population Day |
| 18 | Nelson Mandela International Day |
| 28 | World Hepatitis Day |

August

Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)

National Women's Month

Organ Donor Month

Child Health Month

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| 1-7 | World Breastfeeding Week |
| 1-7 | CANSA Care Week |
| 5-11 | Polio Awareness Week |
| 6-12 | Rheumatic Fever and Rheumatic Heart Disease Awareness Week |
| 7 Aug-14 Sept | HPV vaccination second round |
| 9 | National Women's Day |
| 12 | International Youth Day |
| 26-31 | African Traditional Medicine Week |
| 31 | African Traditional Medicine Day |

September

Albinism Awareness Month

Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)

Cervical Cancer Awareness Month

Childhood Cancer Awareness Month

Eye Care Awareness Month (23 September to 18 October)

Muscular Dystrophy Awareness Month

Heart Awareness Month

National Month of Deaf People

National Oral Health Month

Pharmacy Month

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| 2-8 | Kidney Awareness Week |
| 2-6 | Back Week |
| 9 | International Foetal Alcohol Syndrome Day |
| 10 | International Gynaecological Health Day |
| 14 | National Attention Deficit Hyperactivity Disorder Day |
| 21 | National Sunflower Day |
| 21 | World Alzheimer's Day |

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| 24-30 | World Retina Week |
| 25 | World Pharmacist Day |
| 26 | World Environmental Health Day |
| 26 | World Contraception Day |
| 28 | World Rabies Day |
| 29 | World Heart Day |
| 29 | World Retina Day |

October

Attention Deficit Hyperactivity Disorder Month
Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)
Eye Care Awareness Month (23 September to 18 October)
Breast Cancer Awareness Month
Mental Health Awareness Month

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| 1 | International Day of Older Persons |
| 3-5 | Rotary Family Health Day Outreach Campaign |
| 9-15 | National Nutrition Week |
| 10 | World Mental Health Day |
| 11 | World Sight Day |
| 12 | World Arthritis Day |
| 12-20 | World Bone and Joint Week |
| 13 | International Day for Disaster Reduction |
| 13 | World Hospice and Palliative Care Day |
| 14-20 | National Case Management Week |
| 15 | Global Handwashing Day |
| 15-19 | School Health Week |
| 15-19 | National Obesity Week |
| 16 | World Food Day |
| 16 | World Spine Day |
| 17 | World Trauma Day |
| 17 | International Day for the Eradication of Poverty |
| 20 | National Down Syndrome Day |
| 20 | World Osteoporosis Day |
| 20-26 | International Lead Poisoning Prevention Week |
| 21 | Global Iodine Deficiency Disorders Prevention Day |
| 24 | World Polio Day |
| 28 Oct to 3 Nov | National Stroke Week |
| 29 | World Stroke Day |
| 30 | Africa Food and Nutrition Security Day |

November

Quality Month

Red Ribbon Month

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| 3 | National Children's Day |
| 3 Nov-3 Dec | Disability Rights Awareness Month |
| 4-10 | National Cardiopulmonary Resuscitation (CPR) Week |
| 5-9 | SADC Malaria Week |
| 6 | SACD Malaria Day |
| 8 | World Quality Day |
| 8 | World Radiography Day |
| 12-18 | World Antibiotic Awareness Week |
| 14 | World Diabetes Day |
| 17 | World Prematurity Day |
| 25 | International Day for the Elimination of Violence against Women |
| 25 Nov-10 Dec | 16 Days of Activism for No Violence Against Women and Children |

December

Prevention of Injuries Month

SunSmart Skin Cancer Awareness Month (1 December to 31 January)

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| 1 | World AIDS Day |
| 3 | International Day of Persons with Disabilities |
| 5 | International Volunteer Day |
| 9 | World Patient Safety Day |
| 10 | International Human Rights Day |
| 12 | Universal Health Coverage Day |