

What is HCT

HCT stands for HIV Counseling and Testing.

Why is it important for me to test?

It is important to test so that you take responsibility of your own life. When you have tested negative, you must ensure that your status remains negative. If you have tested positive, you must actually act in a manner that will assist you to delay the diseases' progression e.g.: positive living, eating healthy, regular exercising, etc.

Where can I access HCT?

All public health care facilities offer the service. Highly trained counselors will give you pre-test counseling followed by the testing and then post-test counseling.

What is available for me if I test positive?

If you have tested HIV positive, there are accredited ART sites where patients are being further managed in order to see whether they are eligible to be entered into the ART programme.

If you are not eligible to be entered into the ART site, you will be: constantly monitored and given emotional support, until such time when you are ready to enter the programme.

The clinic sister shall advise you about the nearest ART sites you can visit.