

Do you think your child has **MEASLES**?



Measles rash



**Sores in the mouth
(Koplik's spots)**

What are the Symptoms?

Does your child:

- Feel **Hot** (Fever 39-40° C)
- Have a **runny nose**
- Sore throat and cough
- Reddening of the eyes (**conjunctivitis**)
- Headaches or tiredness
- Sores in the mouth
- Have a rash



IF YES

Bring your child to the clinic immediately.

What can I do at home?

Your child must:

- Get plenty of rest
- Drink lots of fluids
- Take sponge baths to reduce fever
- Take prescribed medication that the doctor or nurse has given for measles

Remember:

- Avoid contact with others for up to five days after the start of the rash
- Do not send your child to school or crèche during this time
- Check that all children under five years of age at home have got their Measles vaccine.

Can Measles be dangerous?

YES

The complications of Measles:

- **Pneumonia**
- **Croup**
- **Middle ear infections**
- **Diarrhoea**
- **Encephalitis**
- **Appendicitis**

MEASLES CAN BE TREATED

*For additional information,
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health

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Health
FREE STATE PROVINCE