



health

Department:
Health
REPUBLIC OF SOUTH AFRICA

Health Awareness Days 2013

JANUARY

Sunsmart Skin Cancer Awareness Month

4 World Braille Day
27 World Leprosy Day

FEBRUARY

Healthy Lifestyles Awareness Month

Reproductive Health Month

Sunsmart Skin Cancer Awareness Month

4 World Cancer Day
10-16 STI / Condom Week
10-16 Pregnancy Awareness Week
15 Healthy Lifestyles Awareness Day

MARCH

TB Awareness Month

4-8 School Health Week
8 International Women's Day
10-16 World Glaucoma Week
11-17 World Salt Awareness Week
14 World Kidney Day
20 World Head Injury Awareness Day
21 Human Rights Day
21 World Down Syndrome Day
24 World TB Day

APRIL

Health Awareness Month

7 World Health Day
17 World Haemophilia Day
24-30 Global/African Vaccination Week
25 World Malaria Day
29 April -17 May National Polio (1st Round) and Measles Immunisation Campaign

MAY

Anti-Tobacco Campaign Month

Burns Month

International Multiple Sclerosis Month

5-11	Hospice Week
6-12	Burns Awareness Week
8	World Red Cross Day
10	World Move for Health Day
12	World Chronic Fatigue and Immune Dysfunction Syndrome
12	International Nurses Day
17	World Hypertension Day
19	International Candlelight Memorial Day
27 May-2 June	Child Protection Week
28	International Day of Action for Women's Health
31	World No Tobacco Day

JUNE

Men's Health Month

National Blood Donor Month

National Youth Month

1	International Children's Day
2	International Cancer Survivors' Day
4	International Day of Innocent Children – Victims of Aggression
5	World Environment Day
14	World Blood Donor Day
15	World Elder Abuse Awareness Day
16	Youth Day
17-23	National Epilepsy Week
17-28	National Polio (2 nd Round) Immunisation Campaign
21	National Epilepsy Day
24-28	National Youth Health Indaba
24-28	SANCA Drug Awareness Week
26	International Day against Drug Abuse and Illicit Drug Trafficking

JULY

Mental Illness Awareness Month

11	World Population Day
18	International Mandela Day
28	World Hepatitis Day

AUGUST

Bone Marrow Donation and Leukaemia Awareness Month (spans 15 August to 15 October)

National Women's Month

Organ Donor Month

1-7	World Breastfeeding Week
6-12	Polio Awareness Week
5-9	Rheumatic Fever and Rheumatic Heart Disease Week
9	National Women's Day
12	International Youth Day
15	Commencement of Bone Marrow Donation and Leukaemia Awareness Months
26-31	African Traditional Medicine Week
31	African Traditional Medicine Day

SEPTEMBER

Albinism Awareness Month

Bone Marrow Donation and Leukaemia Awareness Month (spans 15 August to 15 October)

Cervical Cancer Awareness Month

Childhood Cancer Awareness Month

Eye Care Awareness Month (spans 23 September to 20 October)

Muscular Dystrophy Awareness Month

National Heart Awareness Month

National Month of Deaf People

National Oral Health Month

1-8	Pharmacy Week
2-6	Kidney Awareness Week
2-6	Back Week
9	International Foetal Alcohol Syndrome Day
12	World Oral Health Day
14	National Attention Deficit Hyperactivity Disorder Day (ADHD)
21	World Alzheimer's Day
23-29	World Retina Week
23	Commencement of Eye Care Awareness Month
26	World Environmental Health Day
28	World Rabies Day
28	World Retina Day
29	World Heart Day

OCTOBER

Bone Marrow Donation and Leukaemia Awareness Month (spans 15 August to 15 October)

Breast Cancer Awareness Month

Eye Care Awareness Month (spans 23 September to 20 October)

Mental Health Awareness Month

1	International Day for Older Persons
1	National Inherited Disorders Day
9	Partnership against AIDS Anniversary
9	International Day for Natural Disaster Reduction

9-15	National Nutrition Week
10	World Mental Health Day
10	World Sight Day
12	World Arthritis Day
12	National Bandana Day
12	World Hospice and Palliative Care Day
12-20	World Bone and Joint Week
15	National Foetal Alcohol Syndrome Day
15-19	National Obesity Week
16	World Food Day
16	World Spine Day
17	World Trauma Day
17	International Day for the Eradication of Poverty
20	National Down Syndrome Day
20	World Osteoporosis Day
23	National Iodine Deficiency Disorder Day
24	World Polio Day
28-3 November	World Stroke Week
29	World Stroke Day
30	Commemoration of African Food and Nutrition Security Day

NOVEMBER

Quality Month

Red Ribbon Month

Sunsmart Skin Cancer Awareness Month

2	National Children's Day
4-10	National Cardiopulmonary Resuscitation (CPR) Week
4-8	SADC Malaria Week
8	SADC Malaria Day
9	World Quality Day
14	World Diabetes Day
25	International Day for the Elimination of Violence against Women
25/11-10/12	16 Days of Activism on No Violence Against Women & Children

DECEMBER

Prevention of Injuries Month

Sunsmart Skin Cancer Awareness Month

1	World AIDS Day
3	International Day of Persons with Disability
5	International Volunteers Day for Economic and Social Development
9	World Patient Safety Day
10	International Human Rights Day